



Patiëntenvereniging
Nederland

Important medical information

Name: _____

Date of birth - -

Has ITP (*Immune thrombocytopenia*)

This means that, due to an unknown cause, the immune system destroys the body's platelets.

_____ is known to have low platelet counts

Because of this, bumping into something, or falling, easily leads to bleeding under the skin. This may be superficial bleeding, which appears as bruises, but there may also be internal bleeding. Internal bleeding may go unnoticed initially.



Important medical information

We therefore ask you to be alert to the following symptoms when _____

bumps his/her head or abdomen hard:

- drowsiness,
- passing out (unconsciousness),
- dizziness,
- nausea,
- vomiting,
- persistent headache, or
- abdominal pain

In case of serious symptoms: call 112 for an ambulance to the hospital.

Tell the 112 operator that the patient has a blood clotting disorder.

In case of other injuries, such as broken bones, call the family doctor or the Accident and Emergency Department of the hospital. Take this information with you and show it to the doctor.

Please contact the parents/guardians as soon as possible in all situations:

mother 06- _____ and/or father 06- _____

Third contact person: _____

Please note: _____ should NEVER be treated with aspirin or any other medication containing aspirin. Neither with NSAIDs, such as Ibuprofen or Aleve. Paracetamol is allowed.

Family doctor: _____ Phone: _____

Paediatrician: _____ Hospital: _____

Phone: _____